

## Fruit and Vegetable Art Lesson


This activity will be a 'feast to the eyes' inspired by the painter, Giuseppe Arcimboldo. He was famous for painting fruit and vegetable portraits. Use your favourite fruit and vegetables to draw, paint and create your very own portrait. The options here are endless! Get as creative as you like and don't forget to include all the colours of the rainbow!

### Guidelines:

#### What you'll need:

- ✓ Paper
- ✓ Colouring pencils, paint, chalk, crayons, markers or any other form of colour making
- ✓ Scissors
- ✓ Pritt Stick

#### Method:

- ✓ The Food Dudes have been working on their "fruit and vegetable" portraits inspired by the work of Giuseppe Arcimboldo. Show children examples of these portraits below.
  - ✓ Ask children to consider how he uses different types of fruit and vegetables to signify the different parts of the face. For example, using a pear for the nose, grapes for hair or sugar snap peas for eyebrows.
  - ✓ Ask children to create a self-portrait in the style of Giuseppe Arcimboldo, deciding which fruits and vegetables they would like to use to represent their facial features.
  - ✓ They should draw out each element separately, colouring them in a medium of their choice (paint, crayons, colouring pencils etc.) and then cut out each piece individually.
  - ✓ Each individual fruit and vegetable element can then be placed together in collage form, to compose a whole face.
  - ✓ Make sure to think about all of the different coloured fruit and vegetables possible to make your portrait come alive!
  - ✓ Children can choose to do self-portraits or portraits of other family members. Encourage children to have fun making art whilst thinking about different types of fruit and vegetables.
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# Fun at Home Art Lesson

**food  
dudes**

Fun at Home

Be sure to show us  
your portraits online  
with the hashtag  
**#FoodDudesFun**

