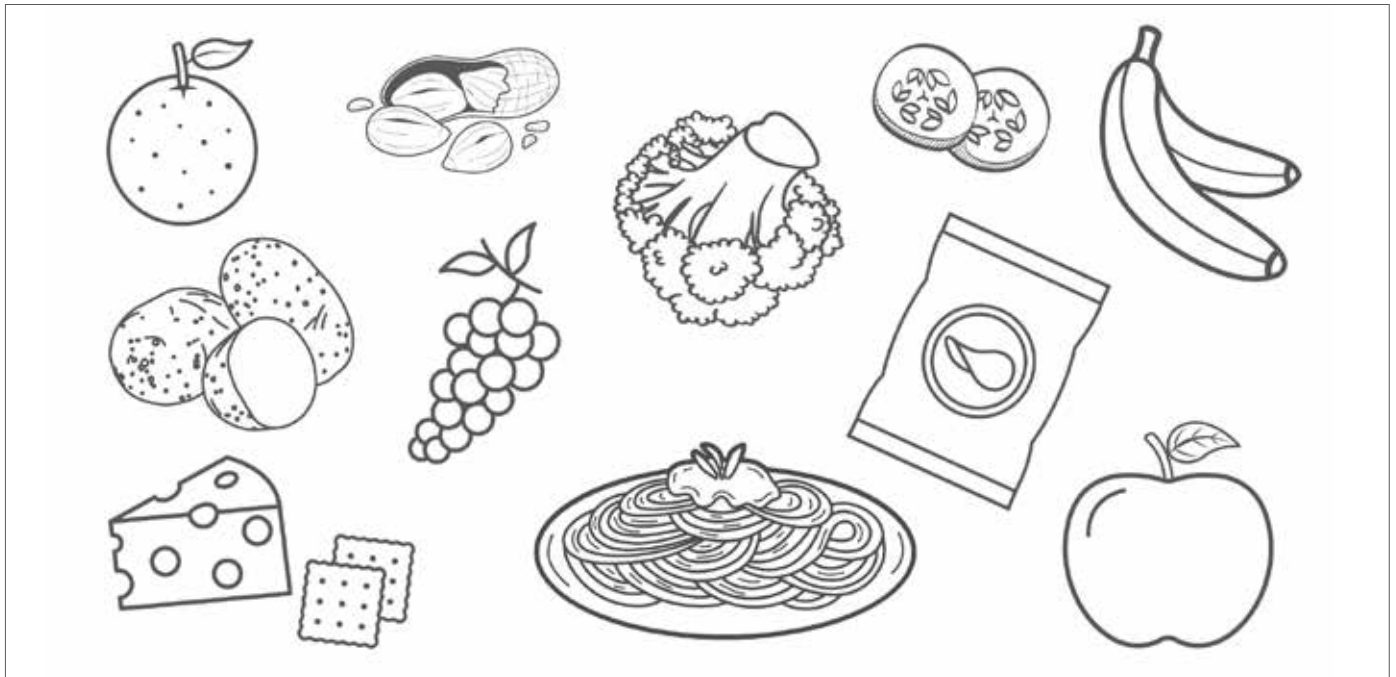


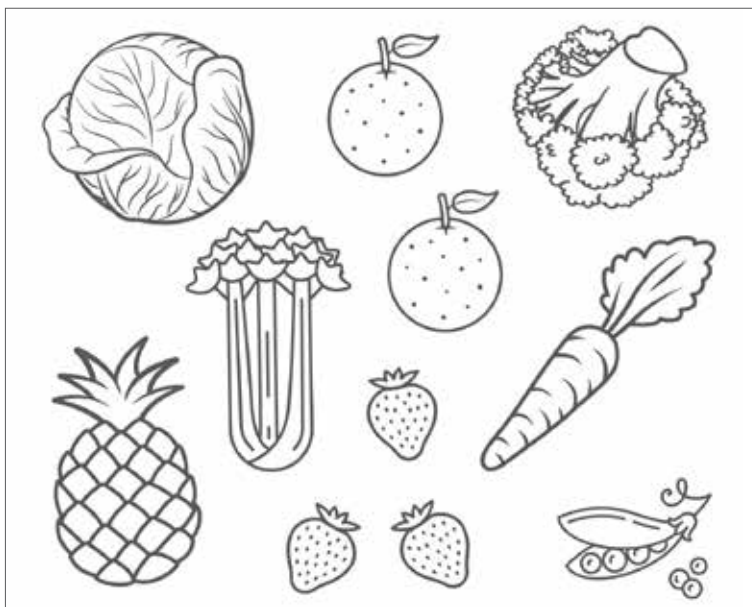
Exploring Fruit and Vegetables

The Food Dudes know how important it is to eat lots of different fruit and vegetables. Can you help them complete the activities below?

1. Colour in all of the fruit in the box.

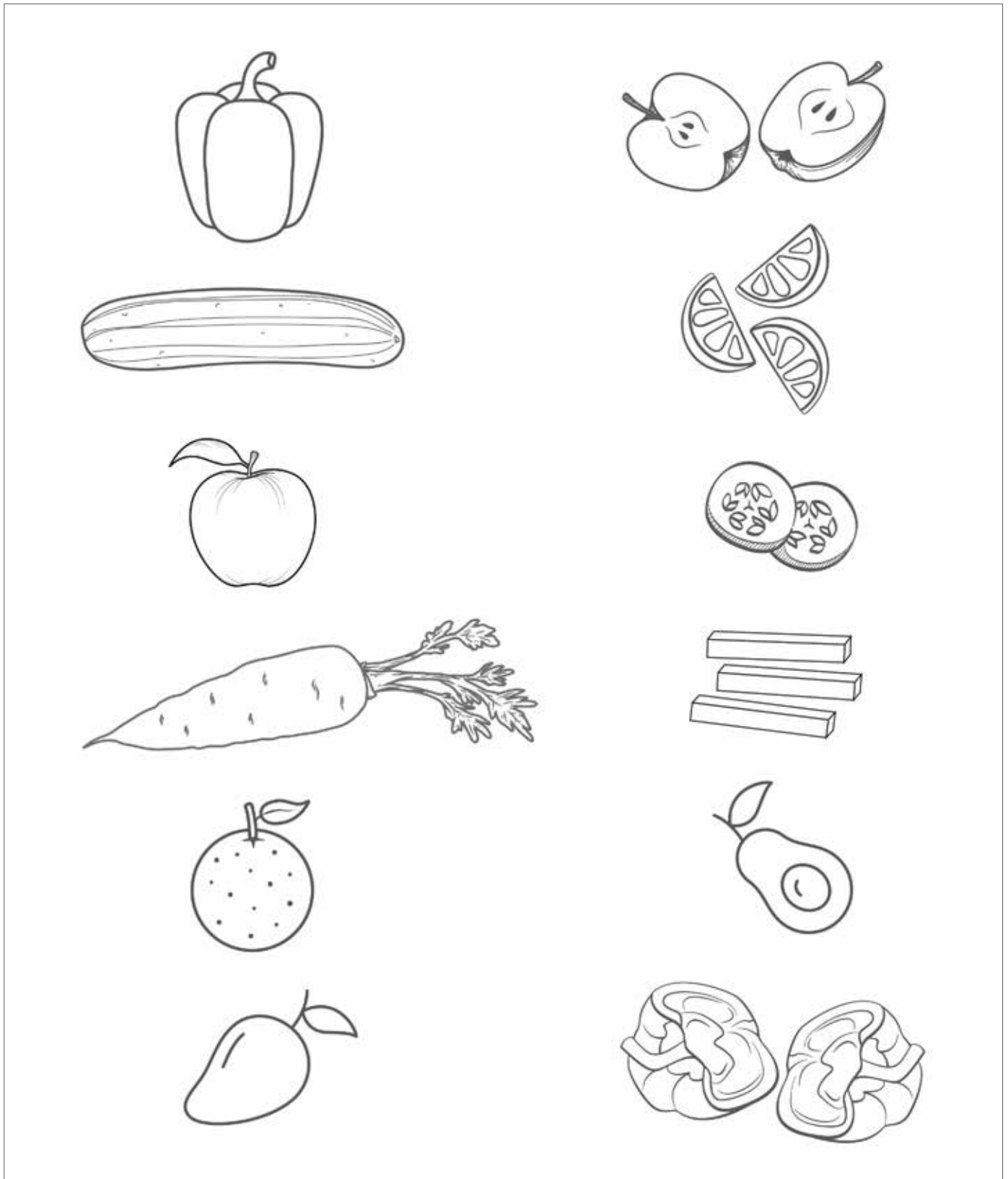


2. Green vegetables are Rocco's favourite. They keep him strong and active. Colour in all of the green vegetables.

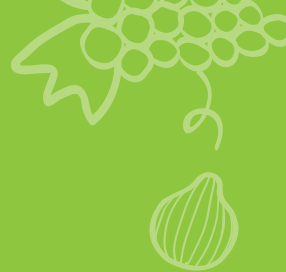


Exploring fruit and vegetables

3. Sometimes fruit and vegetables look different when they are cut or sliced. Can you match them up?



Exploring fruit and vegetables



4. In the boxes below, draw a picture of your favourite fruit and your favourite vegetable



Don't forget to share your work online and use the hashtag **#FoodDudesFun**